

The TEMS CARE Team

School Counselors:

Ms. Kristin Abell
Mrs. Marguerite Gordon
Mr. Robert Kirkby
Ms. Maria Marano

Teachers:

Mrs. Lauren Carreon
Mrs. Kati Matilla
Mrs. Anne McCarthy
Mrs. Betsy Toscano

Speech & Language Pathologist:

Mrs. Mary Parente

School Nurse:

Mrs. Leigh Ann Coary

Mental Health Specialist:

Ms. Melissa Korsin

Assistant Principal:

Dr. Jacqui Rothera

Community Student Assis- tance Specialist

Ms. Madison Dorschutz

If you have any questions, please
contact any one of the CARE
team members at 610-240-1200.

Who should I call if someone I
know needs help?

Alanon/Alateen

Family and Friends of Alcoholics
al-anon.org, 610-696-4216

Alcoholics Anonymous

aa.org, 610-527-9711

Children, Youth, and Family

Child Protective Services
www.chesco.org/cyf, 610-344-5800

COAD Drug & Alcohol Information

coadgroup.com, 610-363-6164

Narcotics Anonymous

na.org

National Runaway Safeline

1800runaway.org, 800-621-4000

Suicide Prevention

988lifeline.org, 988 or 800-273-TALK

Mental Health Crisis Text Line

Text "HOME" to 741-741

Valley Creek Crisis Center

24 hr Mental Health Crisis Hotline
610-280-3270

Tredyffrin/Easttown
Middle School

CARE TEAM

Child Assistance Resources & Education

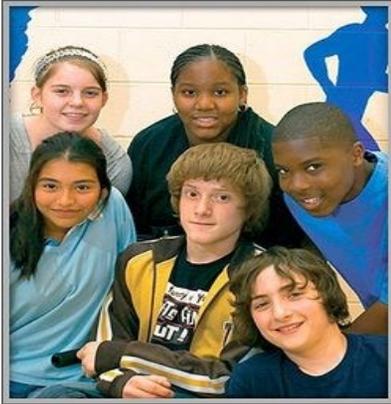


Tredyffrin/Easttown
Middle School
801 Conestoga Road
Berwyn, PA. 19312
610-240-1200

What is the CARE Team?

Who We Are

The CARE Team at T/E Middle School is a group of teachers, counselors, administrators, and specialists working together to assist students in removing barriers to their learning.



Barriers may include: social stressors, self-esteem, family stressors, emotional stressors, tobacco/drug or alcohol issues, or irregular eating patterns.

The CARE Team is our version of the Pennsylvania state-mandated Student Assistance Program (SAP). The CARE Team members do not diagnose or provide treatment to students. The role of the team is to assess the needs of students and help offer supports as needed. The needs of a student are assessed using a parent approved assessment.

How the CARE Team Can Help

Students can be referred to the CARE team by themselves, a parent, a peer, a teacher, or a counselor. The team will contact the parents and the teachers of the student to collect information about their school performance. The team will work with the parent to provide options of support, which may include a referral to an in-school support group or an outside assessment.

The Referral Process

- Student is referred to CARE Team by a parent, teacher, or administrator.
- Once a referral is received, a case manager is assigned. The case manager distributes a checklist to all of the student's teachers. The checklist focuses only on observable behaviors.
- The student's parents are contacted by the case manager to discuss the referral and findings.
- Once the data is collected, the team and parents reviews the information.

Possible Outcomes of the Referral Process

- The information may indicate that no action is needed.
- The parent may pursue private counseling or medical attention.
- With parent consent, the student can meet with the contracted community student assistance specialist.
- With parent consent, the student can attend a group to provide support and education.

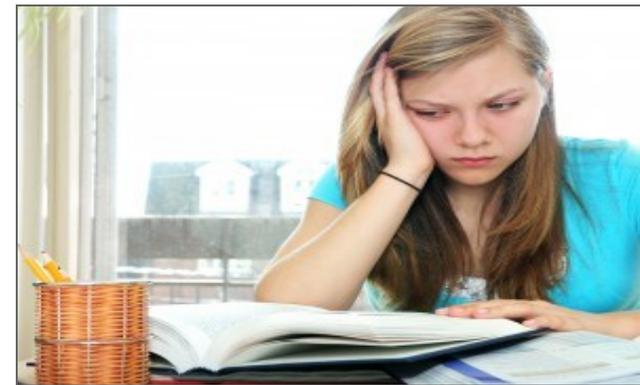
All information collected through the CARE process is confidential.

Parental Involvement

The CARE Team recognizes that a parent has a major role and responsibility in decision making for his/her child. The CARE Team will make every effort to involve parents throughout the CARE Team process.

Warning Signs

- Drop in academic performance
- Loss of interest in usual activities
- Change in group of friends
- Appears sad
- Angry outbursts at home or at school
- High absenteeism
- Statements of despair ("I don't care" or "I'm no good")
- Hurting oneself
- Bloodshot eyes that appear glassy



What You Can Do As a Parent

- Listen to your child
- Let your child know you're concerned
- Let your child know that help is available
- Contact a member of the CARE team to make a referral

If you suspect your child is suffering from mental health issues or may be abusing drugs or alcohol, please contact your child's school counselor.